

2023 Year Ahead



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Theme | Kairos

When I pull the cards for a year-ahead spread, I pull them in order from January to December. Your cards pulled uniquely; they jumped around January, July, February, June, etc. It felt like time was an accordion, compressing and expanding, as though you could move through it as you wanted and choose the order in which things happen. I pull all the cards face down, my eyes are closed; when I pulled this overview card, somehow it was already flipped up - and its meaning? Mythic time, divine timing, and synchronicity. Your theme for the year is to step back from the pressures of earthly time, clocks and expectations and instead depend on - and trust - your inner knowing to guide you. Find ease in your decisions and actions.



January | Four of Swords

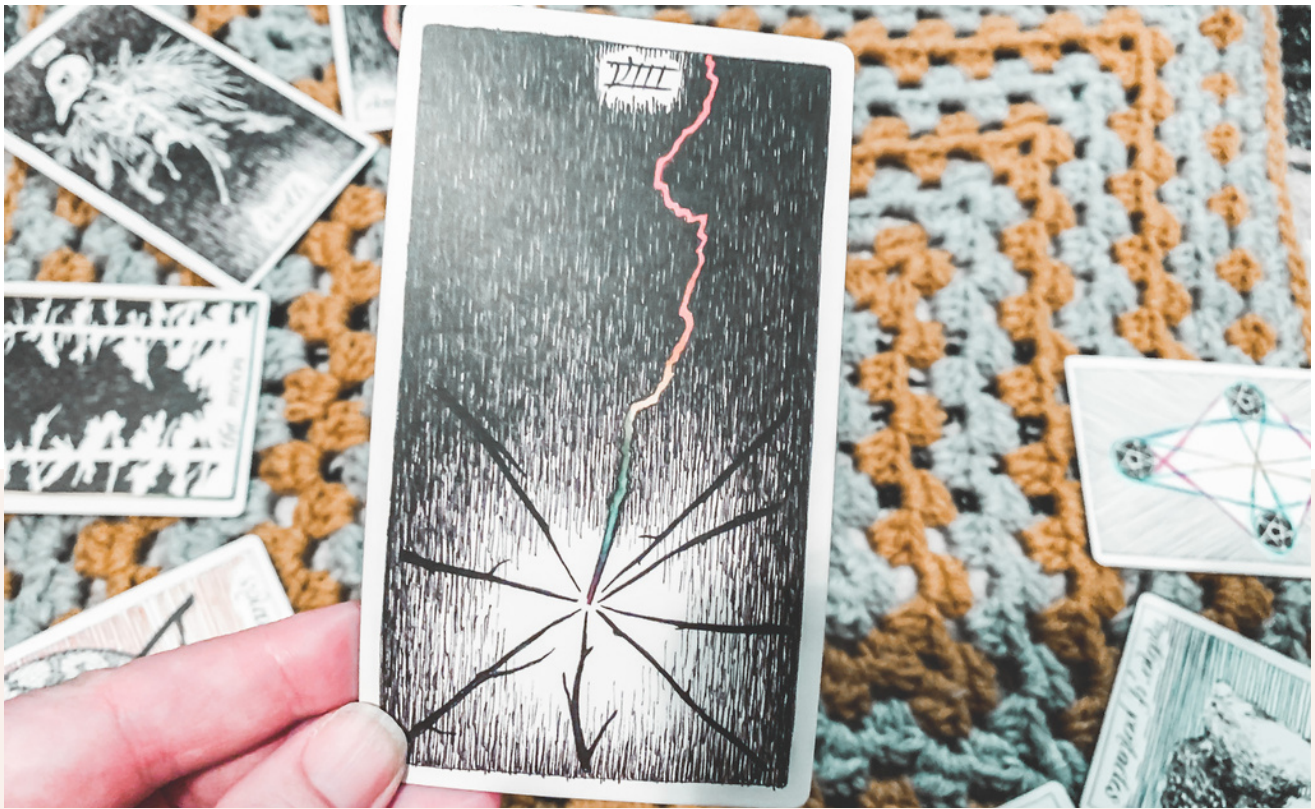
The Four of Swords is the only air element card out of all 17 cards in your reading. It suggests that you are going into this new year feeling stuck. The swords looming over the lamb's head are paralyzing thoughts. That feeling of second guessing yourself, of wanting to take action but considering everything that can go wrong or being too caught up in what other people may think to move forward. This year will lead you through events to help you strengthen your belief in yourself - and find your voice.

This month, become aware of the thoughts that may be holding you back.



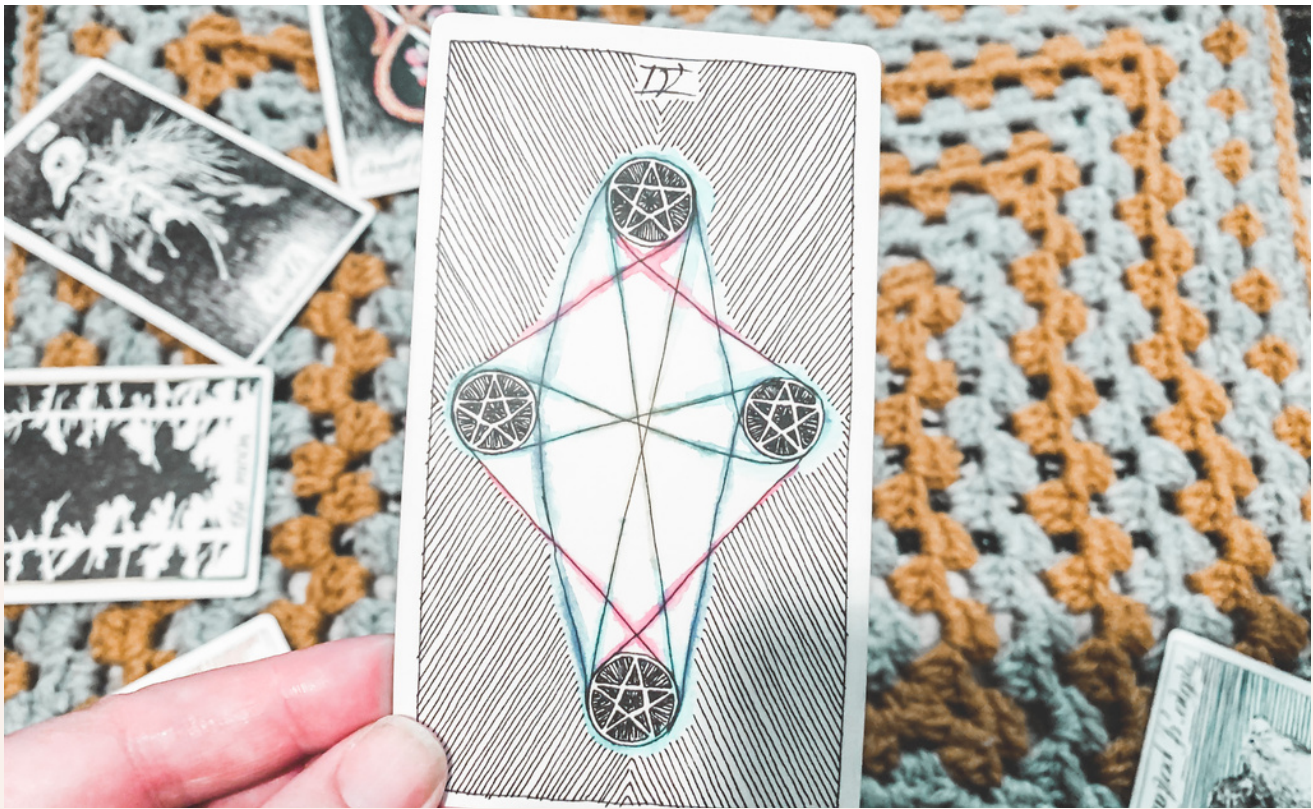
February | Father of Cups

The Father of Cups in February is your year's first of four court cards. These cards represent people in your life or aspects of yourself. This card suggests a masculine energy, which is diplomatic and open-minded but has deeply rooted insecurities. This is potentially someone in your life who you find yourself attracted to or feel a connection with but who can be unpredictable and may make you feel a little unsteady. This will be a time when there will be opportunities for you to understand how this person's opinions may sway you - and how you may want to set boundaries and use your newfound voice to find your footing.



March | Eight of Wands

The Eight of Wands is a fire and action card. It can suggest a sudden clarity that leads to change and movement. In March, be prepared for a shift that will shake things up. Thinking back to the feeling of paralysis in January, March won't give you the option to stay still. Keep your eyes open and leave yourself some space this month to make a decision that may take you in a new direction - this could also mean literal travel. My metaphor for this card is from Indiana Jones. Imagine falling into an old tomb; it's dark all around you, you manage to light a torch, and suddenly you see you're surrounded by treasure. Imagine that feeling - this is how you may feel this month.



April | Four of Pentacles

This month you may find yourself grasping at material wealth. Although this card suggests financial gain, be aware if you start feeling it controlling you. Not that financial security isn't essential, but if you constantly worry about money or worldly success, step back and take stock. Do you have enough to live on? Are you worried about survival or the perception of success?

Pentacles are grounding and connect us to the experiences of this world, but when you find them dragging you down, try reordering your priorities and tapping into your spiritual goals.



May | Mother of Pentacles

Another month of pentacles. The beautiful Mother of Pentacles represents an aspect of you in May. This momma is a healer who loves to be in nature and is also very connected to her home and family. She can become too caught up in the mundaneness of her earthly experience and lose sight of her uniqueness and goals. This month be aware of where and when you can make yourself, your wants, and your goals for personal and spiritual growth a priority.

Look for opportunities to find more balance and a little more space for you to be you - without distraction. Thinking ahead, ask yourself what this might look like.



June | The Empress

The Empress is your first Major Arcana of the year, a soul journey card. You're moving from the Mother of Pentacles and lessons around finding a balance between your connection to the earth and Spirit into the mother archetype. The Empress shines a light on the mundane aspects of our daily lives that can also be spiritual and asks how you are mothering yourself. Are you caring for yourself as well as you care for those around you? Our physical selves are vessels for our spirit; therefore, caring for them is a spiritual act necessary for this worldly adventure we are experiencing. Consider coming into June prepared with a list of self-care ideas that are both doable and make you feel nurtured.



July | Four of Cups

The Four of Cups brings feelings of envy or jealousy. You may find that you're comparing yourself with others - their talents and successes. Remember that we rarely know the truth of someone else's actual reality, and try to think critically about the information you're taking in - often, it's from social media. Most importantly, think about the theme of the season, and consider that you may feel envious simply because you haven't allowed yourself to be all you are. You may not envy someone else's success as much as their authenticity. Watch out this month for these feelings of 'the grass is greener' and reign them in; go for a walk in the woods and remind yourself that this saying is rarely ever true.



August | Two of Pentacles

Since the beginning of the year - the last three months, especially - you've been working through a lot of self-development. It's not always easy, but it's so rewarding. August is allowing you to test drive a new you. You may feel unsteady or fragile as you try out the waters, but you've got this. You've gone through many lessons from the universe by this point, but this is your time to blossom. Be gentle with yourself.

Consider what direction you want to take the new you in; where do you want to go with this newfound inner knowing and power?



September | Mother of Wands

You're full of protective mom energy this month. Not that this energy won't benefit others you care about, but it's likely to be focused on yourself. You've worked hard at personal development this year and had the opportunity to find some solo time and goals. The fierceness of the Mother of Wands wants to protect all you've created; it won't give up nurturing this new you easily. Shifting from the summer months into the fall is often full of changes; summer holidays are over, school or work can be more intense, and it can be easy to slip into the old habits that held us before. If you find this happening, consider the image on this card. See yourself as the snake protecting your inner fire, ready to strike at anyone threatening to take it away.



October | The Moon

The Moon allows us to delve into our shadow selves. Often, things like anxiety, depression, PMS, and PTSD can feel especially scary when they happen to us. But in October, you'll be able to choose to explore any of these themes in your life. It's the difference between being alone and unprepared in a dark forest and walking a familiar path through the trees with a bright flashlight. You will be the one inquiring within about what needs to rise to the surface to be healed. This work is valuable, not only for yourself but because you are already moving through this world as a healer, and the more you do this personally, the more you can walk others through it. Self-care and restorative practices will be important this month.



November | Death

Death is about consciously releasing what is no longer working for you. By November, you have moved through three major shifts in who you are. In January, found your voice, and began trusting yourself more. In May and June, you developed and nurtured a version of yourself outside of your domestic identity. And finally, in the summer season, you had the opportunity to step into all you are and be seen, be vulnerable, and hone your talents freely. After significant changes like these, you are bound to find some things (jobs, relationships, identities, goals) no longer serve you. The Death card represents that grief process of letting go - even though you're moving in a positive direction. Again, the restorative practice you began or continued last month will also hold you through this transition.



December | Daughter of Wands

December is a celebration. As the Daughter of Wands, you have undergone a transformation and/or a spiritual breakthrough. Some parts of this year felt challenging, but you've made it. You likely feel relief, a sense of satisfaction and validation, and, more importantly, confidence in all you are.

Much like the snake represented on this card, you've shed your skin over these twelve months; you feel fresh and ready to take action toward your goals for 2024.

You are closing out this year confidently, strutting in your new skin.

Monthly Reflections

These questions can be used each month to reflect on highlights, challenges, and lessons.

1. What did you enjoy most this month?

2. What challenges did/are you working through this month?

3. What did you learn about yourself this month?



Thank you!

Thank you for trusting me to read for you. 2023 is your year for a spiritual transformation - which means some challenging times, but also great reward.

A few crystals that may help you with your bigger transitions/lessons in June, October and November are: Carnelian, Rose Quartz, Turquoise, Apophyllite, Moldavite, Rainbow Quartz, Kyanite, Labradorite, Moonstone.

Please reach out with any questions!



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